



Cost of Living Help

There are many different schemes that may be able to help you, whether you get benefits or not.

Let us help you

If you **need help** or want to know more about these schemes or are struggling to afford your bills and the cost of living, call the **Adviceline** on 029 2087 1071, visit **www.cardiffmoneyadvice.co.uk**, e mail advicehub@cardiff.gov.uk or pop in to your **local Hub**, see cardiffhubs.co.uk or call the Adviceline for opening times.

Welsh Government Fuel Support Scheme 2022-23

This scheme will support those in receipt of benefits including Council Tax Reduction, Universal Credit, Tax Credits, and disability benefits such as Personal Independence Payments (PIP), Attendance Allowance (AA) and Carer's Allowance.

If you don't receive any qualifying benefits, but someone else in your household receives disability benefits, you may be eligible to receive the payment.

A one off payment of £200 will be made to eligible households, with applications open from 26th September 2022, and payments being made from October onwards. This payment is on top of any other support you may be entitled to.

Further details and an application form can be found at www.cardiff.gov.uk/ENG/resident/Benefits-and-Grants/energy-efficiency-and-fuel-poverty/Winter-Fuel-Support-Scheme/Pages/default.aspx. We are also contacting people who we think are eligible. You can call our Advice Line 029 2087 1071 for details or help to apply.

Cardiff Cost of Living Discretionary Schemes

In addition to the above support, **Cardiff Council** can also provide help for those that are **really struggling** to pay their rent, energy, and other bills. These cases will be decided on a case-by-case basis, as there is only limited funding.

Please contact us via the Advice Line 029 2087 1071, visit a Hub or online at www.cardiffmoneyadvice.co.uk to see how we may be able to help you.

Central Government Schemes

If you qualify for any of these you will be paid in the same way you currently receive your benefits and this will be paid **automatically**, you **will not** need to make a claim. See www.gov.uk/guidance/cost-of-living-payment for full eligibility and payment dates.

Cost of Living Scheme for those on Low Income Benefits and Tax Credits

A payment of £650 will be paid in two lump sums, one July and one in the Autumn if you are in receipt of:

- Universal Credit
- Job Seekers Allowance (Income Based)
- Employment and Support Allowance (ESA)
- Income Support
- Pension Credit
- Child Tax Credit
- Working Tax Credit

If you claim with a partner, the payment made is between you, not each. These payments are not available if you receive the New Style Job Seekers Allowance or the New Style Employment and Support Allowance unless you get Universal Credit as well.

Disability Cost of Living Payment

You may get a payment of £150 in September 2022 if you're receiving:

- Attendance Allowance
- Disability Living Allowance
- Personal Independence Payments
- Armed Forces Independence Payments
- War Pension Mobility Supplement
- Constant Attendance Allowance

This will be on top of any other support you may qualify for.

Pensioner Cost of Living Payment

If you are entitled to Winter Fuel Payment for Winter 2022-2023 you will get an extra £300 for your household paid in November 2022. See www.gov.uk/guidance/cost-of-living-payment for full eligibility and payment dates. This will be automatically paid to you in the same way you usually get your benefit or tax credits

£400 Energy Discount Grant

All UK households will get a grant which will reduce energy bills by £400 from October 2022. This will be applied over six months, with a reduction of £66 in October and November, and £67 every month between December 2022 and March 2023.

The discount will be made automatically by energy suppliers. There is no need to apply.

Direct debit and credit customers will have the money credited to their account, customers with prepayment meters will have the money applied to their meter or paid via a voucher

This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg.

- © Call our Adviceline on 029 2087 1071
- Email: advicehub@cardiff.gov.uk
- cardiffmoneyadvice.co.uk



